



NATIVE ENGLISH SPEAKING TEACHERS' ASSOCIATION

NET Welcome Pack

www.nesta.hk

First, welcome to Hong Kong! The NESTA Executive and members would like to congratulate you on acceptance to the Education Bureau's (EDB) NET Scheme and share with you some useful information when coming from a long distance.

Filling out appropriate forms

It is important to fill out all the proper forms and submit them to your school on time so you will get your **special allowance**, **flight reimbursement**, **baggage allowance**, and other contractual benefits in a timely manner. The EDB processes paperwork by the 7th of each month, so make sure you give the school any necessary documents well before that date, and it may be good to inform them of this deadline. Otherwise, you will have to wait a whole month to get paid or refunded. The application forms for the reimbursement and allowances can be found on our website at:

<https://nesta.hk/net-info/useful-forms/>

Finding accommodation

The cost of accommodations in Hong Kong can be quite expensive, hence the reason why the EDB provides NETs in the Scheme a special allowance to cover housing costs. Please be aware that many landlords in Hong Kong require two month's rental deposit in addition to the first month's rent. Most also require that you have a Hong Kong ID before renting, so you may need to find some temporary accommodation. In addition to the usual hotel stay, you may want to consider renting a serviced apartment for a few months or using Airbnb to rent temporary private accommodation. To avoid pitfalls with cable, internet and mobile phone companies, please feel free to contact one of our mentors under "Need more help? Ask a mentor..." Here are additional websites with serviced apartment listings:

1. <https://www.squarefoot.com.hk/en/serviced-apartments/>
2. <https://hongkong.asiaxpat.com/>
3. <https://geoexpat.com/>
4. <https://www.airbnb.com/>

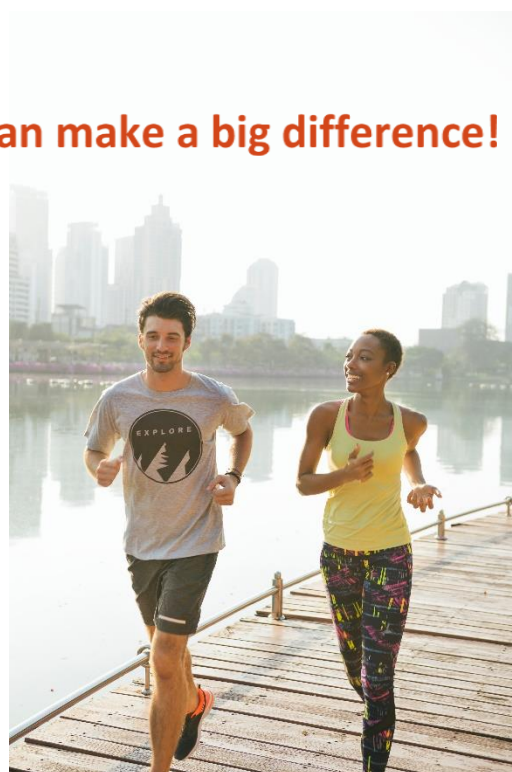
Health Insurance

Everyone in Hong Kong who has a Hong Kong ID is entitled to use the public health System at little or no cost. However, the waiting time can be long. Many NETs feel more Secure by adding some health insurance options. In addition, we receive a small medical allowance from the EDB to purchase additional medical insurance (Currently HK\$1,400 per year for a single NET and HK\$5,400 per year for a NET accompanied by spouse and/or his/her children). You can claim the money you paid and receive the medical allowance at the end of each school year. The allowance is for medical insurance, not receipts from doctor visits. Any amount by a NET over the contractual allowance will be your responsibility. Few companies offer low health insurance, but here are two medical plans through the Hong Kong Teachers' Union (Please note that you may have to ask your school to join the HKPTU before receiving the discounted rate).

PTU Hospital Cover (AXA General Insurance Hong Kong Limited)	
Tel: (852) 2519 1281	
Website: https://www.axa.com.hk/en/health-insurance	

HKPTU Healthcare Plan (Blue Cross)	
Tel: (852) 3608 2988	
Website: http://ap.bluecross.com.hk/hkptu/eng/index.htm	

A healthy diet and regular exercise can make a big difference!



Need more help? Ask a mentor...

These current NETs have agreed to offer any help or advice you may need. Feel free to email or text / sms anyone on this list.

Some NETs have indicated the areas where they work or live, but they may know other areas quite well.

Kowloon / Hong Kong

Simon Patience		
Noleen Haney		
Phil Mannering	Contact chairperson@nesta.hk for contact details	
Cheryl Brennan		
Anne Findlay		

New Territories East

Laena Kostianos		
Dan Murphy	Contact chairperson@nesta.hk for contact details	
Dean West		
Katherine Joberty		

New Territories West

LeVar Harris		
Michael Liu	Contact chairperson@nesta.hk for contact details	
Tracy Lineberry		
Sharee Burger		

Here to help you!



Meet other NETs for fun and support!

Throughout the year, NESTA organizes social events to help us relax in this fast-paced city. These are opportunities to meet new people and catch up with old friends. Apart from unwinding, the activities also allow us to share our highs and lows of living and working here. Here are a few events NESTA has organized.



A FREE WORKSHOP

**Flexing in the Classroom:
Brain-based and Technology
Tools for Teachers**

NESTA

30 March 2019

Venue: Unit 1202, 12/F
Cheung Lee Commercial Building
25 Kimberley Road, Tsim Sha Tsui

9:00 am: Registration

9:30-10:30 am:
Brain-based Learning for Changing Brains
& Improving Teaching Effectiveness
Dr. Anson Chen

10:30-11:00 am:
Coffee break / NESTA Competition Prize Giving

11:00-1:00 pm:
Everyone Can Create with iPad
Apple Education Trainer

Certificate of Attendance
for professional development hours
will be provided

To register for this event, email pd@nesta.hk

Schools for NETs with kids

Bringing children along with you to Hong Kong? See the list of primary and secondary schools that accept non-Cantonese speaking children.



Hong Kong Island

Primary Schools

School Name	Median of Instruction	Address	Telephone	Website
Catholic Mission School	EN	Rutter St., Tai Ping Shan, Hong Kong	25477618	www.cms.edu.hk
Chiu Sheung School	EN	79B Pok Fu Lam Road, Hong Kong	25461644	www.csshk.edu.hk
King's College Old Boys' Association Primary School	EN	58 Bridges Street, Hong Kong	25477468	www.kcobaps1.edu.hk
Li Shing Tai Hang School	EN	73 Wun Sha Street, Tai Hang, Hong Kong	25775188	www.lsths.edu.hk
Po On Commercial Association Wan Ho Kan Primary School	EN/CH	Fu Tung Estate, Lantau, Hong Kong	21090045	www.pocawhk.edu.hk
Sir Ellis Kadoorie (S) Primary School	EN	9 Eastern Hospital Rd, Sookunpo, Hong Kong	25773489	www.sekps.edu.hk
St. Clare's Primary School	EN	3-6 Prospect Place, Bonham Road, Hong Kong	28171764	www.scps.edu.hk

Kowloon

School Name	Median of Instruction	Address	Telephone	Website
Diocesan Boys' School Primary Division (Boys)	EN	131 Argyle St., Mongkok	31594200	www.dbspd.edu.hk
Diocesan Girls' Junior School (Girls)	EN/CH	1 Jordan Road, Kowloon	22779200	www.dgjs.edu.hk
Hong Kong Taoist Association Wun Tsuen School	EN	On Shin Road, Upper Ngau Tau Kok Estate, Kowloon	27570854	www.hktawts.edu.hk
Man Kiu Association Primary School	EN	On Shin Road, Upper Ngau Tau Kok Estate, Kowloon	27570490	www.mkaps.edu.hk
Maryknoll Convent School (Primary Section - Girls)	EN	130 Waterloo Road, Kowloon City, Kowloon	23360611	www.mcspss.edu.hk
P.L.K. Camões Tan Siu Lin Primary School	EN	6 Hoi Ting Road, Yau Ma Tei, Kowloon	23673318	www.plkctslps.edu.hk
P.L.K. Lam Man Chan English Primary School	EN	24 Sheung Heung Road & 2 Farm Road, To Kwa Wan, Kowloon	27121270	www.plklmceps.edu.hk
St. Johannes College (Primary Section)	EN	143 Waterloo Road Kowloon Tong, Kowloon	23362933	www.st-johannes.edu.hk
St. Mary's Canossian School	EN/CH	162 Austin Road, Kowloon	27390081	www.smcs.edu.hk
Yaumati Kaifong Association School	EN	80 Public Square Street, Yaumatei, Kowloon	23888327	www.ymtkfas.edu.hk

New Territories West**Primary Schools**

School Name	Median of Instruction	Address	Telephone	Website
Delia (Man Kiu) English Primary School	EN	Estate Primary School No. 2, Cheung On Estate Phase II, Tsing Yi, N.T.	24325123	www.deliamk.edu.hk
ELCHK Lutheran Academy	EN	25 Lam Hau Tsuen Road, Yuen Long, N.T.	82082092	www.luac.edu.hk
Gigamind English Primary School	EN	School Block, Maywood Court, Kingswood Villas, 9 Tin Lung Rd., Tin Shui Wai, N.T.	24469883	www.gigamind.edu.hk
Islamic Primary School	EN	2 Oi Tak Lane, Yau Oi Estate, Tuen Mun, N.T.	25775188	www.lsths.edu.hk/
Pat Heung Central Primary School	EN	199 Lin Fa Tei, Kam Tin Pat Heung, Yuen Long	24881520	www.phcps.edu.hk
P.L.K. Hong Kong Taoist Association Yuen Yuen Primary School	EN	26 Tsing Hoi Circuit, Castle Peak Road, Tuen Mun, N.T.	24501588	www.yyps.edu.hk
STFA Lee Kam Primary School	EN	23 So Kwun Wat Road, Tuen Mun, N.T.	24411222	www.leekamps.edu.hk
Tsuen Wan Trade Association Primary School	EN/CH	Phase 1, Tsing Yi Estate, Tsing Yi, N.T.	24977911	www.twtaps.edu.hk
W F Joseph Lee Primary School	EN/CH	9 Tin Fai Road, Tin Shui Wai, Yuen Long, N.T.	34014995	www.wfjpls.edu.hk
Yuen Long Long Ping Estate Tung Koon Primary School	EN/CH	Phase 1, Long Ping Estate, Yuen Long, N.T.	24762433	

New Territories East

School Name	Median of Instruction	Address	Telephone	Website
Evangel College	EN	No. 7 Chi Shin Street, Tseung Kwan O, N.T.	23661802	www.evangel.edu.hk
HKBUAS Wong Kam Fai Secondary and Primary School	EN	6 On Muk Lane, Shek Mun, Shatin, N.T.	26372277	www.hkbuas.edu.hk
Pui Kiu College	EN/CH	1 Tai Wai New Village Road, Tai Wai, Shatin, N.T.	26023166	www.puikiucollege.edu.hk
Sai Kung Central Lee Siu Yam Memorial School	EN/CH	18 Wai Man Road, Sai Kung, N.T.	27916681	www.lsy.edu.hk



SECONDARY SCHOOLS

NOTE: The following schools were all contacted by NESTA. They teach most courses in English, however, due to the HKDSE and other education requirements, some course like Chinese language, Chinese History, and Putonghua may not be in English. Please contact the school and see if it is the right fit for your child.

Hong Kong Island

School Name	Address	Telephone	Website
King's College	63A Bonham Road	25470310	http://www.kings.edu.hk
St. Joseph's College	7 Kennedy Road Central	36524888	http://www.sjc.edu.hk
Islamic Kasim Tuet Memorial College	22 Tsui Wan Street Chai Wan	25709066	http://www.iktmc.edu.hk
Queen's College	120 Causeway Road Causeway Bay	25761992	http://www.qc.edu.hk
Cheung Chuk Shan College	11 Cloud View Road North Point Hong Kong	25706665	http://www.csc.edu.hk
S.K.H. Lui Ming Choi Secondary School	2nd Lower G/F Fl - 6th Fls Wah Fu Estate 57 Wah Fu Road, Pokfulam, H. K.	25514121	http://www.skhlmc.edu.hk
S.K.H. Tang Shiu Kin Secondary School	9 Oi Kwan Road Wanchai	25742326	http://www.tsk.edu.hk

Kowloon

School Name	Address	Telephone	Website
Bishop Hall Jubilee School	2C Oxford Road Kowloon Tong	23363034	www.bhjs.edu.hk
Carmel Secondary School	55 Chung Hau Street Homantin	27149385	www.carmelss.edu.hk
Ho Lap College (Sponsored by Sik Sik Yuen)	15 Tseuk Luk Street	23222220	www.holap.edu.hk/
Chan Sui Ki (La Salle) College	4 Sheung Wo Street Ho Man Tin Kowloon	27118175	www.csklsc.edu.hk
Diocesan Boys' School	131 Argyle Street Kowloon	27115191	www.dbs.edu.hk
Hoi Ping Chamber of Commerce Secondary School	22 Shek Ku Street Ho Man Tin	27123107	www.hpccss.edu.hk
La Salle College	18 La Salle Road	23387171	www.lasalle.edu.hk
Maryknoll Convent School (Secondary Section) Girls only	5 Ho Tung Road Kowloon Tong, Kowloon	23362378	www.mcs.edu.hk
Munsang College	8 Dumbarton Road Kowloon City	36553300	munsang.edu.hk/secondary/



PLK Ngan Po Ling College	26 Sung On Street, To Kwa Wan,	24623932	http://www.npl.edu.hk
Delia Memorial School (Matteo Ricci)	223 Hip Wo Street Kwun Tong	23896299	http://www.deliamr.edu.hk
Delia Memorial School (Hip Wo)	221 Hip Wo Street Kwun Tong	23423198	http://www.deliahw.edu.hk
St. Francis Xavier's College (Boys)	45 Sycamore Street Tai Kok Tsui	23932271	http://www.sfxc.edu.hk
United Christian College (Kowloon East)	2 Lee On Lane, Kwun Tong	23436677	http://www.uccke.edu.hk
St. Margaret's Co-Educational English Secondary and Primary School	33 Sham Mong Road, West Kowloon	23966675	http://www.smcesps.edu.hk
Po Leung Kuk Tong Nai Kan Junior Secondary College	No. 11 Mei Lai Road Sham Shui Po	21945707	http://www.plktnkjsc.edu.hk
Sir Ellis Kadoorie Secondary School (West Kowloon)	22 Hoi Fan Road, Tai Kok Tsui, Kowloon	25761871	http://seksswk.edu.hk

New Territories West

School Name	Address	Telephone	Website
TWGHs S. C. Gaw Memorial College	7 Tsing Sum Street, Town Centre, Tsing Yi, N.T.	24950226	www.twghscgms.edu.hk
Tsuen Wan Government Secondary School	70 Hoi Pa Street Tsuen Wan	24903307	http://www.twgss.edu.hk
Christian Alliance S. C. Chan Memorial College	7 Yau Oi Road, Yau Oi Estate, Tuen Mun	24591166	http://www.scc.edu.hk
Madam Lau Kam Lung Secondary School of Miu Fat Buddhist Monastery (Girls)	22 Castle Peak Road, Lam Tei, Tuen Mun	24619566	http://www.lkl.edu.hk
Stewards MKMCF Ma Ko Pan Memorial College	17 Shek Pai Tau Road, Tuen Mun, N.T.	24077440	http://www.makopan.edu.hk
TWGHs Sun Hoi Directors' College	Wu King Estate, Tuen Mun, NT	24645220	http://www.shd.edu.hk
YPI & CA Lee Lim Ming College	Estate Secondary School No. 2 Shan King Estate Tuen Mun New Territories	24670652	http://www.ypicallmc.edu.hk
N.T. Heung Yee Kuk Yuen Long District Secondary School	123 Kau Yuk Road, Yuen Long, N.T.	24766226	http://www.nthykyldss.edu.hk/
CCC Kei Yuen College	Fung Yau Street East Yuen Long	24750331	http://ccckyc.edu.hk
Bethel High School	11, 4th Street, Section F, Fairview Park, Yuen Long, N.T.	24712622	http://www.bethel.edu.hk
ELCHK Lutheran Academy	25 Lam Hau Tsuen Road, Yuen Long, New Territories	82082092	http://www.luac.edu.hk
Heung To Middle School (Tin Shui Wai)	8, Tin Fai Road, Tin Shui Wai, Yuen Long, N.T.	26500016	http://www.heungto.net
Queen Elizabeth School Old Students' Association Secondary School	Tin Shing Road Tin Shui Wai, Yuen Long	23386122	http://www.ss.qesososa.edu.hk
Shung Tak Catholic English College	1, Hung Tak Road, Hung Shui Kiu, Yuen Long	24764263	http://www.stc.edu.hk
SKH Bishop Baker Secondary School	10, Fung Yau Street South Yuen Long	24754778	http://www.skhbbss.edu.hk

New Territories East

School Name	Address	Telephone	Website
Carmel Pak U Secondary School	Estate Secondary School No. 1, Tai Yuen Estate, Tai Po, N.T.	26650078	http://www.cpu.edu.hk
S.K.H. Bishop Mok Sau Tseng Secondary School	26 Wan Tau Kok Lane Tai Po	26567804	http://www.mst.edu.hk
Valtorta College	Pui Yin Lane Tai Po	26560017	http://www.valtorta.edu.hk
Baptist Lui Ming Choi Secondary School	Lek Yuen Estate Shatin	26922161	http://www.blmcss.edu.hk
Christian Alliance Cheng Wing Gee College	12-14 Chik Wan Street Tai Wai Shatin	26049762	http://www.cwgc.edu.hk
HKBU Affiliated School Wong Kam Fai Secondary & Primary School	6, On Muk Lane, Shek Mun, Shatin	26372270	http://www.hkbuas.edu.hk/
Kiangsu-Chekiang College (Shatin)	7 Fung Shun Street, Wo Che Estate, Shatin, NT.	26972179	http://www.kccshatin.edu.hk

